

# PHYSICAL EDUCATION

## 9<sup>TH</sup> STD FIRST SUMMATIVE ASSESSMENT-SEPTEMBER.

Time: 01-30 Hours

Marks: 30

### 1. Fill in the blanks:

1X4=4

- \_\_\_\_\_ Committee recommended the merge of Yogasana and Pranayama in the Physical education programs  
A) Tharachand B) Deshmukh C) Prof.L.R.Vidyanathan D) Radakrishan
- Hand ball player Sadananda Samuel is honored by \_\_\_\_\_ award  
A) Darara B) Olympics C) State award D) National award
- \_\_\_\_\_ Types of tactics are there In basketball.  
A) Four B) Eight C) Two D) Nine
- \_\_\_\_\_ is found in lime  
A) Sodium B) Calcium C) Potassium D) Magnesium

### 2. Mach the following:

1X4=4

- | A               | B                               |
|-----------------|---------------------------------|
| 5. Raja Reddy   | 1) Development Society          |
| 6. First Aid    | 2) National Institute of Sports |
| 7. Disease free | 3) Handball Player              |
| 8. N.I.S        | 4) To save from danger to life  |
|                 | 5) Nethaji Institute of sports  |

### 5. Answer the following question in one or two sentences

1X4=4

- Name the players who were Ekalavya awarded winner in Handball?
- In what activity of maintaining cleanliness of social places?
- What is Fast Break in Basketball?
- What do you mean by Aerobic centers?

### 6. Answer the following the question in 2 or 3 sentences:

2X4=8

- How many types of tactics are there in Basketball? Two list them?
- Which are the two main benefits of participating in limited open air activity?
- Mention the defensive faction in Handball?
- How would you treat a casualty saved from drowning?

### 7. Answer the following the question in 4 or 5 sentences:

3X2=6

- Which committee did the central government form in the year 1948 to develop physical education? Write their recommendations?
- Explain the essential qualities of Handball player?

### 8. Draw the picture:

4X1=4

- Draw the man to man defense Picture in Basketball? Mark the palaces of players?